



SHINE A LIGHT

AROUND THE WORLD
ON HIDDEN HURTS

COA Awareness Week

IMPACT OF ALCOHOL/OPIOID USE DISORDER ON CHILDREN

Youth with a parent who misuses substances are:

- At risk of lifelong negative mental and physical health consequences
- 3x more likely to be physically, emotionally, or sexually abused
- 4x more likely to be emotionally or physically neglected, with higher rates in rural populations
- More likely to be victims of violent crime
- More likely to be involved in alcohol -related traffic crashes
- Less likely to set healthy boundaries within relationships
- More likely to lack self-awareness
- More likely to experience anxiety, depression, confusion, and anger
- More likely to experience unexcused absences and drop out of school
- More likely to have difficulty with direct communication
- Less likely to effectively regulate emotions
- More likely to be involved with the juvenile justice system
- 38.9% avg (or as high as 69% depending upon the child protective services is due to substance misuse in the home environment
- More likely to take on parental responsibilities at home



For information about how to help,
visit [NACoA.org](https://www.nacoa.org)