

Keynote Speaker



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“Racial Disparities in Black Mental Health”



RACIAL DISPARITIES IN BLACK MENTAL HEALTH

Flip the Script: Creating a New Narrative



STUDY PURPOSE FROM MICHIGAN HEALTH ENDWOMENT FUND(MHEF)

This project was designed to gather insight into the Black/African American patient experience to reduce health disparities, increase equity in access to quality care and to address factors that may impede engagement in effective follow-up care.



WHAT IS RACIAL DISPARITIES?

Racial Disparity means a condition where one racial group systemically and disproportionately experiences worse outcomes in comparison to another racial group or groups. Racial Disparities may occur in a range of areas, including but not limited to education, employment, wealth, policing, criminal justice, health, transportation, housing, and homelessness.



<https://www.lawinsider.com/dictionary/racial-disparity>

DISCOVERIES IN KALAMAZOO

1

Ninety percent (90%) of both African American/Black and White people felt stigma played a significant role in receiving or engaging in mental health or substance abuse service.

2

African American/Black respondents were 83% likely to receive services from a white healthcare provider creating a cultural disconnect.

3

Thirteen percent (13%) of African American/Blacks are currently receiving substance abuse services in comparison to the 39% of Whites.

4

White people received referral or resources 75% of the time while Black people receive referral or resources 50% of the time.

AFRICAN AMERICAN CITIZENSHIP STATUS: 1619-2021

Time Span:	Status:	Years:	% U.S. Experience:
1619-1865	Slaves: "Chattel"	246	61.2%
1865-1964	Jim Crow: virtually no Citizenship rights	99	24.6%
1964-2021*	"Equal"	57	14.2%
1619-2021	"Struggle" "Unfairness"	402	100%

* USA struggles to transition from segregation & discrimination to integration of AA's

Byrd, W. M. & Clayton, L. A. (2001). An American Health Dilemma: Race, Medicine, and Health Care in the United States.1900-2000. New York: Taylor & Frances, Routledge

ADVERSE COMMUNITY EXPERIENCE

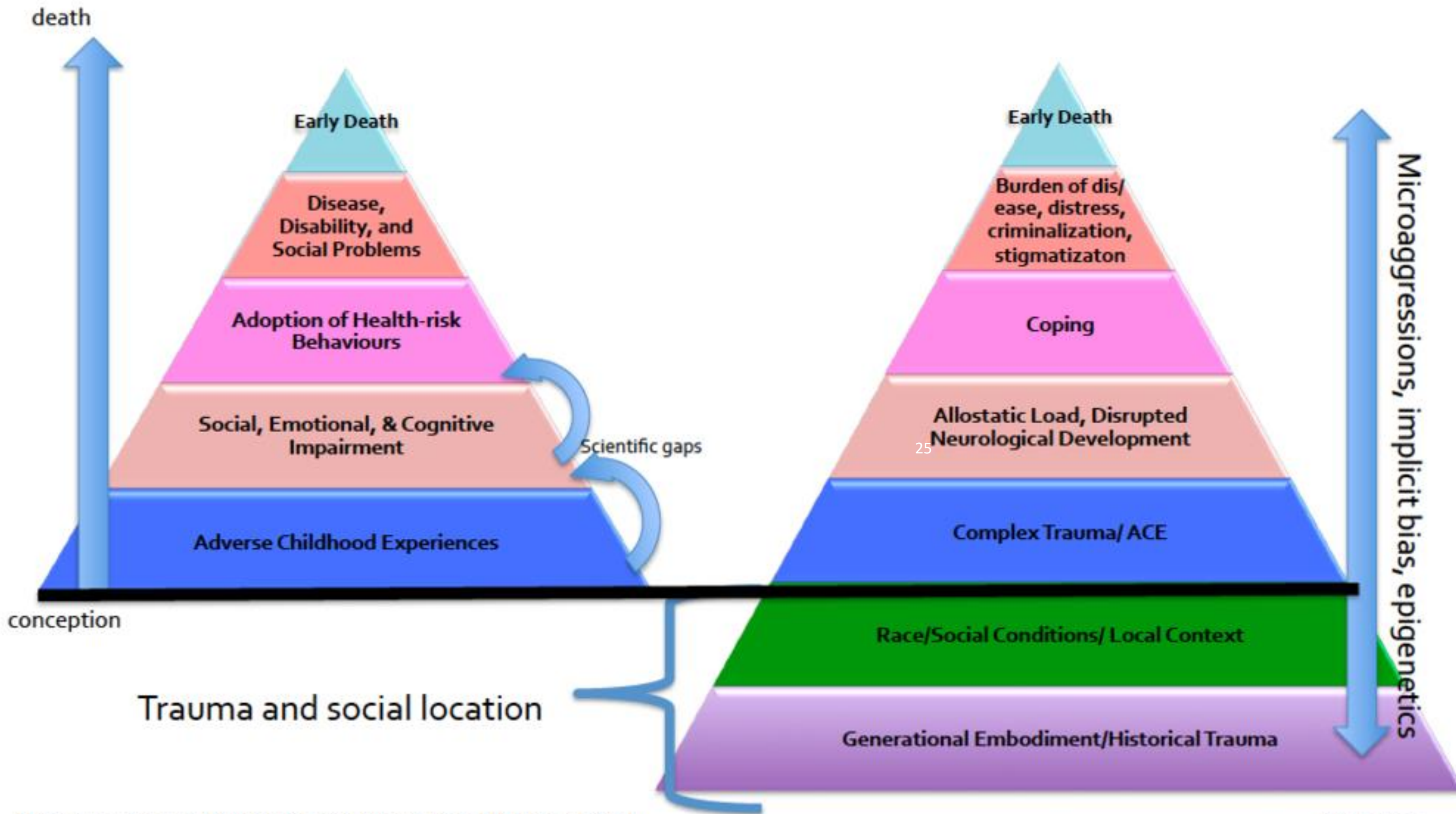


Trauma and Social Location



Adverse Childhood Experiences*

Historical Trauma/Embodiment

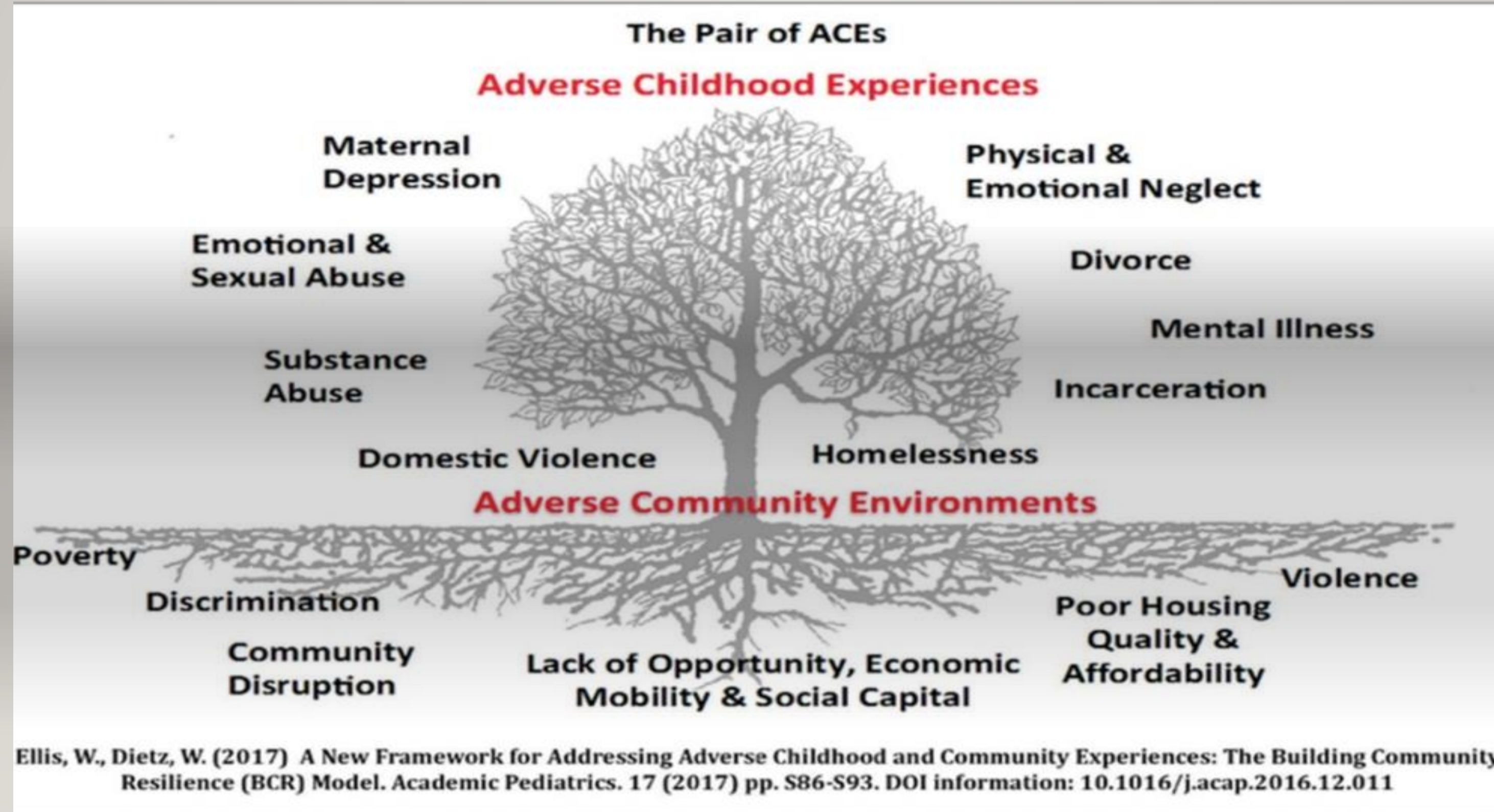


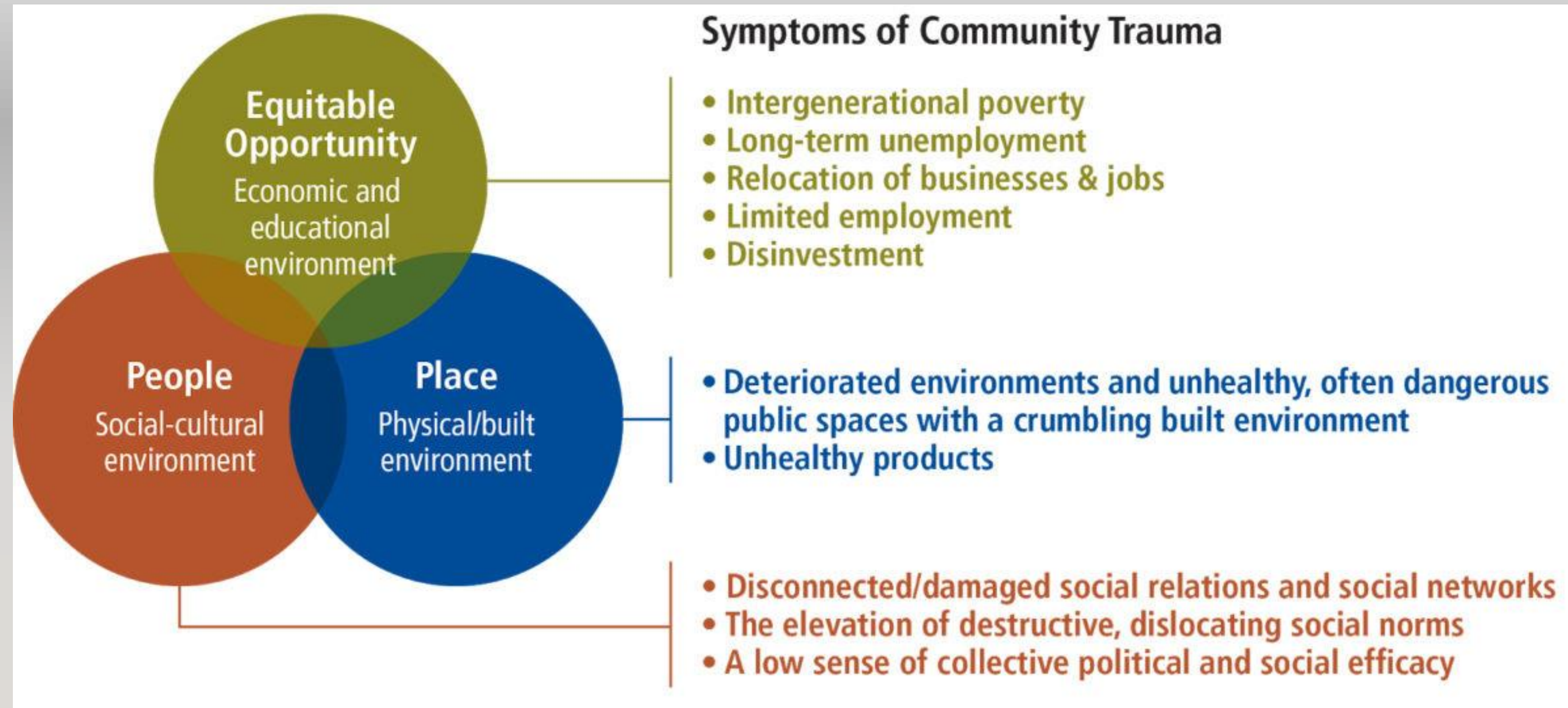
ADVERSE
CHILDHOOD
EXPERIENCE

VS.

ADVERSE
COMMUNITY
EXPERIENCES

EXPANDED ACES





ADVERSE COMMUNITY EXPERIENCES

DISMANTLING SYSTEMIC RACISM

Identify and
acknowledge

Identify and acknowledge systemic racial disparities, both historic and current

Adopt

Adopt an inclusive and equitable approach to community engagement that elevates the priorities of the individuals and organizations in the communities where we work

Ensure

Ensure equitable access to opportunities and promotion of self-determination

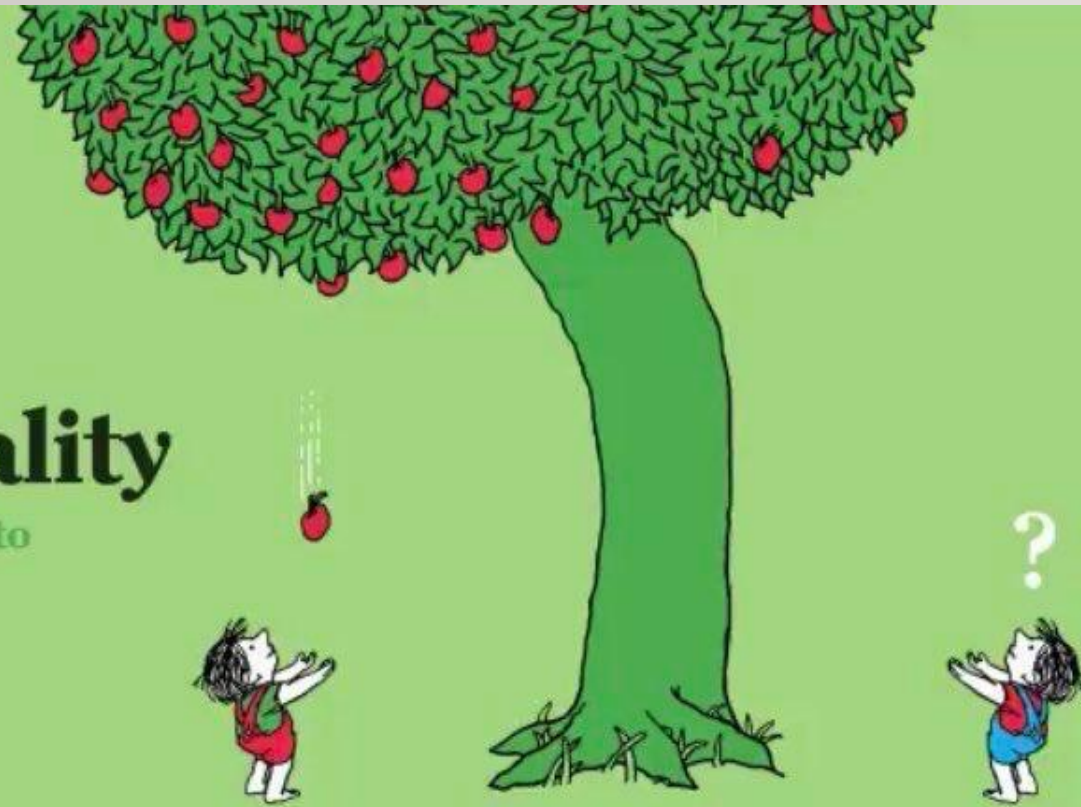
Focus

Focus investments and resources to mitigate the consequences of systemic racism

IS EQUITY POSSIBLE

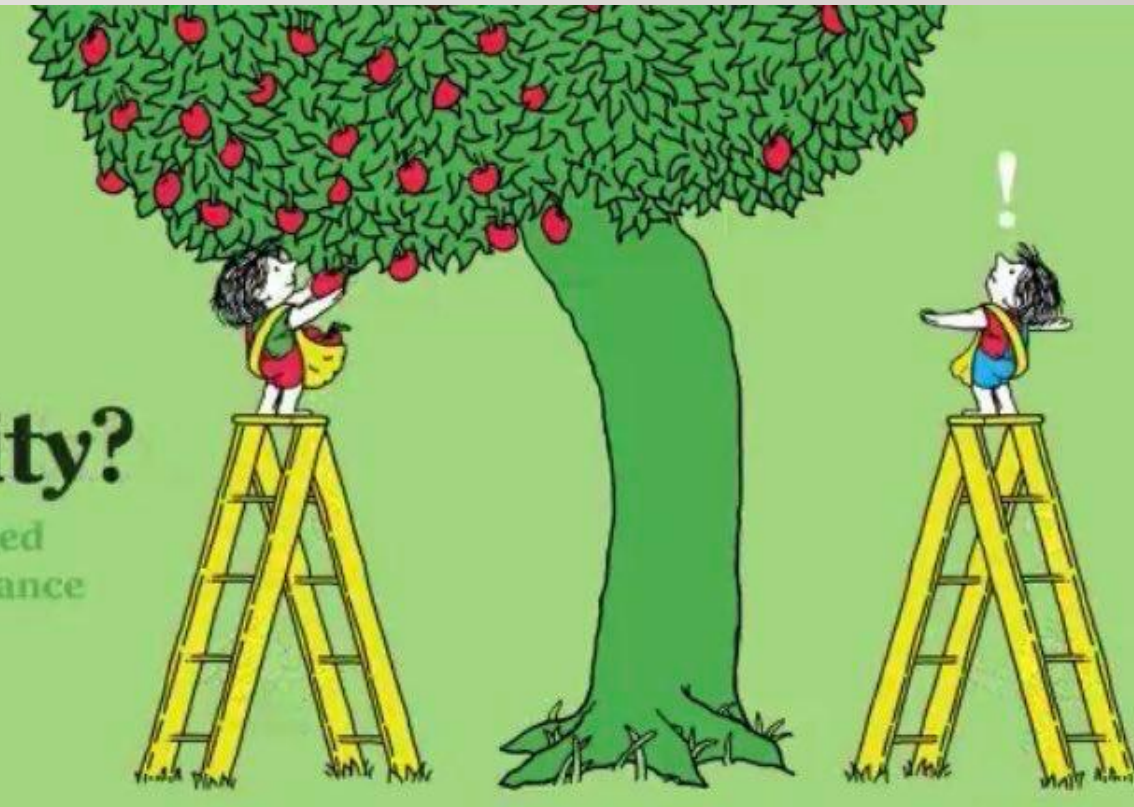
Inequality

Unequal access to opportunities



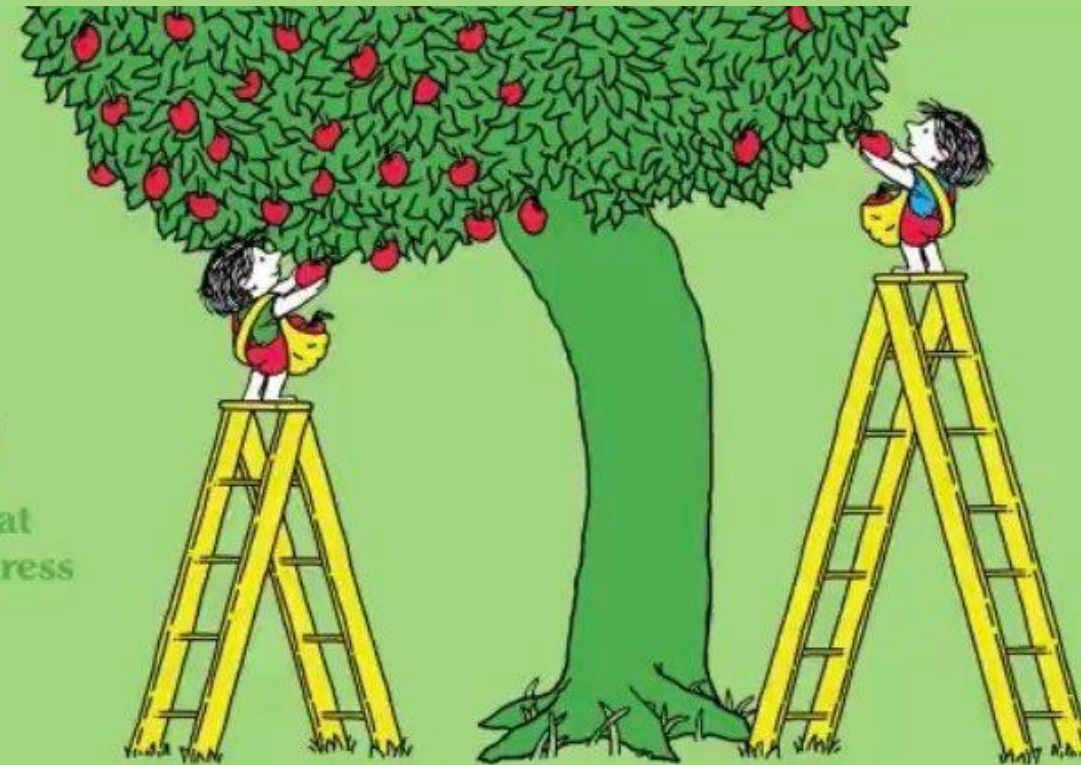
Equality?

Evenly distributed tools and assistance



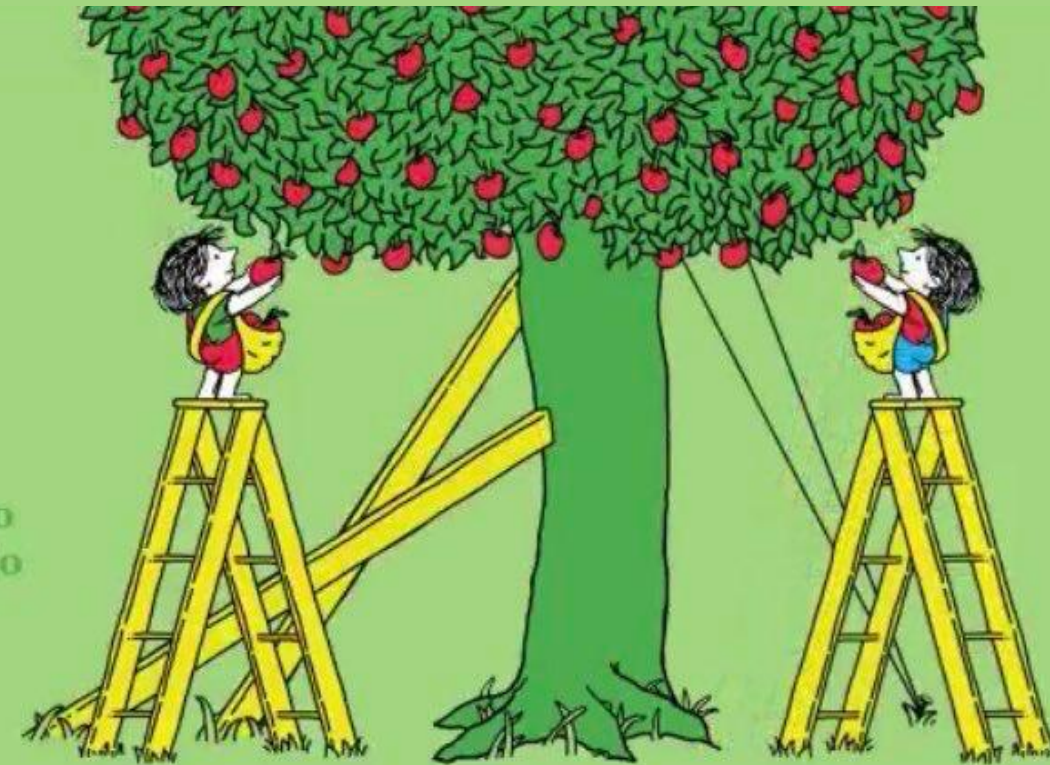
Equity

Custom tools that identify and address inequality



Justice

Fixing the system to offer equal access to both tools and opportunities



Advantage &
Disadvantage
Accumulate
Over time

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BLACKWELLNESS
NETWORK

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